



NC Health and Wellness Trust Fund **Phase II Fit Community Grantees**

Town of Black Mountain awarded \$58,592 to fund “Eat Smart Black Mountain,” a community garden initiative that will coordinate efforts among the existing Community Garden, a new School Satellite Garden, and a new school nutrition program that will foster healthy eating habits for at-risk school families.

Graham Children’s Health Services of Toe River awarded \$60,000 to fund “Project Live Active in Yancey (PLAY)” which focuses on enhancements such as a sidewalk extension, new gym floor, and equipment for Ray-Cort Park, allowing better connectivity within the downtown and more opportunities for children and adults to play.

City of Greensboro awarded \$60,000 to help fund “Downtown Greenway,” which will enable the construction of an approximately 0.35 mile, multiple-use, paved trail that would serve and be celebrated as the first segment in a 4.2-mile greenway trail designed to eventually surround Greensboro's downtown central business district. This project will target residents of Warnersville, a neighborhood with a lower socioeconomic status population.

Orange County Partnership for Young Children awarded \$51,300 to fund “Carrboro Growing Healthy Kids,” which aims to address the issue of child obesity by encouraging children and their families to eat smart and move more, primarily via the development of community gardens in Carrboro.

Stokes Reynolds Memorial Hospital awarded \$60,000 for “Successful Results Means Healthier Individuals,” which focuses on an Employee Wellness Program at the hospital that aims to increase physical activity and improve eating habits for its 282 employees. They will be offered opportunities to increase their physical activity, improve their eating habits, and access health screenings and health education.

Northampton County Health Department awarded \$58,480 to focus on a workplace wellness program targeting all 260 County government employees, which will include educational sessions, policy support, exercise equipment, and improvements to a nature trail and a sidewalk.

City of Shelby awarded \$56,000 to fund “Fit Shelby,” a project designed to address the community’s needs for healthy eating and physical activity especially in two targeted schools. Policies and physical project strategies will be used to impact connectivity, traffic calming and other measures to improve walkability.

Town of Spring Lake awarded \$60,000 to fund “Path to Fitness,” which focuses on the provision of a safe, designated place and ongoing programmatic support that will inspire exercise to become a way of life for senior citizens.